

Instructor Information

Instructor	Shalanda Allen
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Office	Educational II - Room: 102
Office Hours	Monday, Tuesday and Friday 2 p.m. to 4 p.m.
Additional Contact Information	Allied Health Secretary, Donna Wolfe (409) 984-6356 or 1-800-477-5872 OR Nurse Aide Program Director, Eursula Davis (409) 984-6364

Course Information

Description	Knowledge, skills, and abilities essential to provide basic care to residents of long-term care facilities. Topics include resident's rights, communication, safety, observation, reporting and assisting residents in maintaining basic comfort and safety. Emphasis on effective interaction with members of the health care team, restorative services, mental health, and social services needs.
Required Textbooks	<i>Textbook Purchasing Statement: A student attending Lamar State College Port Arthur is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.</i> Mosbys Textbook for Nursing Assistants- 11th Edition ISBN: 9780443121326 Mosbys Textbook for Nursing Assistants- 11th Edition WORKBOOK ISBN:9780443121333
Additional Materials/Resources	Nurse Aide Training and Competency Evaluation Program Curriculum Texas Curriculum for Nurse Aides in Long-Term Care Facilities Prometric Study Packet Information for State Certification Exam Texas Nurse Aide Prometric
Corequisites/Prerequisites	Co-requisite - NURA 1160
Learning Outcomes	End-of-Course Outcomes: • Discuss basic care of residents/persons in a long-term care facility • Communicate and Interact effectively with residents/persons and their families based on sensitivity to the psychosocial needs • Discuss the legal rights of the residents/persons • Provide safety and preventative measures in the care of residents/persons • Demonstrates skills in observing and reporting • Assist residents/persons in attaining and maintaining maximum functional independence • Function effectively as a member of the helathcare team
Program Student Learning Outcomes	Program Outcomes: PSLO 1. Demonstrates the competencies to successfully complete the duties and requirements of a Certified Nurse Aide PSLO 2. Demonstrates safe and competent care with individuals who have personal care needs PSLO 3. Exhibits an understanding of patient/resident rights

Lecture Topics Outline

- Healthcare Agencies
- The Person's Rights
- Ethics and Laws
- The Nursing Assistant
- Communicating with the Person
- Health Team Communication
- Delegation
- Medical Terminology
- The Older Person
- Confusion and Dementia
- Preventing Infection and Isolation Precautions
- Vital Signs
- Emergency Care
- Mental health disorders and Intellectual/Developmental Disabilities
- Oxygen Needs
- Respiratory Support and Therapies
- Nutritional Needs and Support
- Safety
- Preventing Falls
- Comfort, Rest, Sleep
- Body Mechanics, Mobility, Exercise and Activity
- Restraint Alternatives and Restraints
- Assisting the Nurse with Physical Exam
- Wounds and Pressure Injuries
- Person's Unit
- Sexuality in the Eldery

- Specimen Collection
- Urinary and Bowel needs
- Hygiene and Grooming
- End of Life Care

Major Assignments Schedule

Week 1: Orientation & Introductions, Healthcare Agencies, Resident's rights, The Nursing Assistant
Week 2: Communicating with the Healthcare Team, Delegation, Ethics and Laws, Preventing Infection
Week 3: *Exam 1*, The Older Person, Vital Signs and Emergency Care, Mental Health and Intellectual/Developmental Disorders
Week 4: Confusion and Dementia, Nutritional Needs and Support, Fluid Needs, Oxygenation and Respiratory Support
Week 5: *Exam 2*, Safety, Preventing Falls, Restraint Alternatives and Restraints, Comfort, Rest and Sleep, Admissions/Transfers/Discharges
Week 6: Nursing Home Orientation, Body Mechanics, Mobility, Exercise and Activity
Week 7: *Exam 3*, Assisting the Nurse with Physical Exam, Wounds and Pressure Injuries
Week 8: Person's Unit, Bedmaking, Sexuality and Collecting Specimens
Week 9: Urinary and Bowel Needs
Week 10: Hygiene and Grooming, Dressing and Undressing
Week 11: End of Life Care
Week 12: Career Day, Teaching Projects
Week 13: *Final Exam*, Review Skill Concepts and Indirect Care
Week 14: Open Lab, Begin preparation for State Certification
Week 15: Open Lab, Mock Testing
Week 16: Final Preparation for State Certification

Final Exam Date

April 23, 2025 - 1:0 PM Through April 23, 2025 - 3:0 PM

Grading Scale

90-100 = A 80-89 = B 75-79 = C 60-74 = D Below 60 = F

Determination of Final Grade

Exam 1 - 19%
Exam 2 - 19%
Exam 3 - 19%
Quizzes/Special Projects/Assignments - 5%
Final Exam - 38%

Note: Subject to Change. Quizzes and assignments will be added in AFTER the student has a 75% average. Otherwise each exam will count as 20% with the final counting twice to equal 40% of the Final Course average.

A minimum average of 75% in Nurse Aide for Healthcare, NURA 1301 AND a Satisfactory (S) in lab/clinical, independent of all other requirements, is necessary to pass the course. If a student receives a grade of 75% or greater in NURA 1301 but fails to achieve a Satisfactory (S) in lab/clinical, the student will receive a grade of 'D' in NURA 1301. If a student receives a Satisfactory (S) in lab/clinical but fails to achieve a 75% or greater in NURA 1301, the student will not pass the course.

Eligibility for the State of Texas Nurse Aide Certification Skills and Written Examination:
A minimum average of 75% or greater Exam average for NURA 1301 **AND a Satisfactory (S)** in lab/clinical, is necessary to attend clinical and to be eligible to take the State of Texas Nurse Aide Certification Skills and Written Examination.

Also, the student **MUST** attend and actively participate in Open Lab and Mock Practices as scheduled. Failure to actively participate in Open Lab and Mock Practices as scheduled will result in the student's ineligibility to be approved to take the State of Texas Nurse Aide Certification Skills and Written Examination, regardless to whether the student has a passing grade in NURA 1301 and Satisfactory (S) in lab/clinical.

Course Policies

Instructor Policies

- Lamar State College – Port Arthur (LSCPA) is a no smoking campus. Use of tobacco products is prohibited on all LSCPA properties at any time. This includes all clinical facilities.
- No food or tobacco products are allowed in the classroom
- Only students enrolled in the course are allowed in the classroom, except by special instructor permission.
- Electronic devices (including but not restricted to cell phones, “smart” watches, MP3 players, and laptop computers) shall not be used during examinations unless specifically allowed by the instructor.
- Use of electronic devices during normal class hours distracts other students, disrupts the class, and wastes valuable time. Instructors have an obligation to reduce such disruptions.
- Students should turn their phones to vibrate before they enter the classroom. Phones should be off and out of reach
- No cell phones and/or smart watches should be visible during class or exams.

Additional classroom policies include:

Students and faculty of the Lamar State College-Port Arthur Nurse Aide Program are expected to assist in maintaining a classroom environment that is conducive to learning. To assure that faculty have the opportunity to teach and students have the opportunity to benefit from time spent in class, unless otherwise approved by the instructor, students are prohibited from engaging in distracting classroom behavior:

- I understand that promptness is expected. I will be on time for all classes on campus or virtually and return from breaks promptly.
- I understand that I am expected to come to theory and lab experiences prepared and present myself as a sincere, adult learner. Pre-course assignments may be required for admission into

- class.
- I will return phone calls and/or text messages only during scheduled breaks.
- I will keep cell phones **off and out of reach** during class sessions, testing and test reviews. In the event of an emergency, your family should contact you through AH Secretary, Nurse Aide Coordinator, or Department Chair.
- I agree that on-campus computers will only be used for classroom work.
- I agree that all information shared by other students and instructors will remain confidential.
- I will not repeat or discuss what is shared with anyone.
- I agree that I will not engage in 'side-bar' discussions.
- I agree that I will direct my comments to faculty in charge of the classroom, clinical or lab time.
- I agree to actively participate in all discussions, activities, and exercises.
- I agree to be open to new ideas and experiences.
- I agree to take risks and step outside of my comfort zone.
- I agree to maintain a positive attitude.
- I agree to give supportive feedback and make corrections without belittling anyone.
- I agree to suspend judgment and be responsible for my actions.
- I agree to be responsible for learning as much as I can from this experience.
- I agree to ask for what I need from my instructors.
- I agree to get better acquainted with my fellow students so we can all identify ways to support one another, work together as a team and develop professionally.
- I agree to follow the guidelines and policies in the LSC-PA Basic Nursing Student Orientation Packet.

Students attending classroom, lab, or clinical sessions virtually should exhibit appropriate etiquette to include at a minimum: Adhering to the same standards of behavior online that you follow in real time, face-to-face sessions; respecting faculty and peers' time by being on time to scheduled exams, sessions and activities; and present yourself in a professional manner at all times.

The following behaviors may result in the student being asked to cease the action, lose five (5) points on the next exam, and/or leave the classroom session:

- Inappropriate and/or disruptive use of cell phones or other electronic devices in classroom
- Talking or sleeping while the instructor is giving instructions or during class discussions/presentations
- Displaying a rude or negative attitude/behavior to the instructor or other students; disruptive behaviors in the classroom, skills/simulation lab, computer lab, testing environment, or clinical setting

If any of these behaviors result in the student being asked to leave the classroom or lab environment, the student will receive a counseling note and a loss of 5 points on the next exam.

Should I be unable to maintain these expectations or stated program requirements, dismissal from the program may occur.

Attendance Policy

Nurse Aide for Healthcare NURA 1301 and the clinical co-requisite of this course, NURA 1160, may consist of online and in-person lectures, labs and assignments. Schedules may be changed at the discretion of the Faculty and Nurse Aide Program Coordinator. Research has shown a cause-and-effect relationship between attendance and college success. All attendance policies are in effect regardless of whether conducted online, in the classroom, lab, or clinical setting. Policies for this course are described below:

Because poor attendance is a leading reason for termination from a job in all areas of employment, attendance at all scheduled classes is expected.

1. A student who is absent from course activities for more than three (3) days without notification to the faculty may be dropped from the program by the Program Director. Students on campus but not in class are considered absent. Students who do not attend scheduled live virtual activities will be counted absent.
2. Late arrival to class is disruptive. Students who consistently arrive after the beginning of the class (3 or more times) will be counseled and a plan of corrective action determined. Class will begin promptly at the scheduled time. Students who arrive fifteen (15) minutes after the beginning of class should not enter the classroom and should wait until break to enter. **A student who is tardy three (3) times in one class will result in a 5-point deduction from the next exam grade.**
3. It is the student's responsibility to notify the Instructor and Nurse Aide Program Director of any absence. If the student is unable to contact the instructor(s), the student should call 409-984-6356 or 1-800-477-5872 ext. 6356. The student should also email the faculty or call the faculty office and leave a voicemail.
4. In addition to notifying instructors, students must submit a Student Excuse Form, upon the first day of return, each time the student is absent, delayed from attending or must depart early from class, clinical or lab. Failure to complete the Student Excuse Form will result in a declaration of a 'No Call, No Show' for the number of days absent and may result in the student being

dismissed from the program.

The Program Director or Department Chair has the right to initiate the administrative withdrawal of any student whose attendance, conduct, scholastic abilities, attitude or lack of aptitude for Nurse Aide making it inadvisable for that student to continue in the program.

Additional Information

1. [Gates Memorial Library located at 317 Stillwell](#)
2. [Student Success Center building](#)
3. [Nurse Aide Training and Competency Evaluation Program \(NATCEP\) | Texas Health and Human Services](#)
4. [Evolve Website \(HESI\)](#)
5. [Texas Unified Licensure Information Portal \(TULIP\)](#)
6. [Texas Nurse Aide | Prometric](#)
7. [FACETS Healthcare Training](#)
8. [The CNA Association](#)
9. [Lamar State College Port Arthur Catalogs - SmartCatalog \[www.academiccatalog.com\]\(http://www.academiccatalog.com\) \(\[smartcatalogiq.com\]\(http://smartcatalogiq.com\)\)](#)
10. [Lamar State College Student Handbook](#)
11. [Lamar State College Port Arthur, textbook locator](#)
12. [LSCPA - Calendars \(\[lamarpa.edu\]\(http://lamarpa.edu\)\)](#)

Institutional Policies

MyLSCPA	Be sure to check your campus email and Course Homepage using MyLSCPA campus web portal. You can also access your grades, transcripts, academic advisors, degree progress, and other services through MyLSCPA .
Academic Honesty	Academic honesty is expected from all students, and dishonesty in any form will not be tolerated. Please consult the LSCPA policies (Academic Dishonesty section in the Student Handbook) for consequences of academic dishonesty.
ADA Considerations	The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Disability Services Coordinator , Room 117, in the Student Success Center. The phone number is (409) 984-6241.
COVID 19 Information	The Lamar State College Port Arthur (LSCPA) Student Code of Conduct COVID 19 Policy requires students who have been diagnosed with COVID 19 to report their condition directly to their local health department. Students should also contact their course faculty to report their quarantine status. In addition, this policy requires all students to wear face coverings when directly exposed to COVID 19 in compliance with the criteria included in the policy. For more information please refer to the COVID 19 link on the LSCPA website.
Facility Policies	No food or tobacco products are allowed in the classroom. Only students enrolled in the course are allowed in the classroom, except by special instructor permission. Use of electronic devices is prohibited.
HB 2504	This syllabus is part of LSCPA's efforts to comply with Texas House Bill 2504.
Mandatory Reporting of Child Abuse and Neglect	As per Texas law and LSCPA policy, all LSCPA employees, including faculty, are required to report allegations or disclosures of child abuse or neglect to the designated authorities, which may include a local or state law enforcement agency or the Texas Department of Family Protective Services. For more information about mandatory reporting requirements, see LSCPA's Policy and Procedure Manual .
Title IX and Sexual Misconduct	LSCPA is committed to establishing and maintaining an environment that is free from all forms of sex discrimination, including sexual harassment, sexual violence, and other forms of sexual misconduct. All LSCPA employees, including faculty, have the responsibility to report disclosures of sexual misconduct, including sexual harassment, sexual assault (including rape and acquaintance rape), domestic violence, dating violence, relationship violence, or stalking, to LSCPA's Title IX Coordinator, whose role is to coordinate the college's response to sexual misconduct. For more information about Title IX protections, faculty reporting responsibilities, options for confidential reporting, and the resources available for support visit LSCPA's Title IX website .
Clery Act Crime Reporting	For more information about the Clery Act and crime reporting, see the Annual Security & Fire Safety Report and the Campus Security website .
Grievance / Complaint / Concern	If you have a grievance, complaint, or concern about this course that has not been resolved through discussion with the Instructor, please consult the Department Chair.
Department Information	Allied Health Chair: Shirley MacNeill Email: macneisb@lamarpa.edu Phone: (409) 984-6365