

Instructor Information	
Instructor	Heather Breaux
Email	breauxhr1@lamarpa.edu
Phone	(409) 984-6373
Office	Allied Health - Room: 128
Office Hours	As posted by appointment.
Additional Contact Information	None
Course Information	
Description	Development of skills and techniques required for a comprehensive nursing health assessment of patients across the lifespan. Includes assessment of patients' health promotion and maintenance, illness and injury prevention and restoration, and application of the nursing process within a legal/ethical framework. This course lends itself to either a blocked or integrated approach.
Required Textbooks	<i>Textbook Purchasing Statement: A student attending Lamar State College Port Arthur is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.</i> All course textbooks/programs are included in the Seahawk Book Bundle Required: Thompson, J. (2022). <i>Essential Health Assessment</i> (2nd ed). F.A. Davis. Shadow Health Digital Clinical Experience™
Additional Materials/Resources	None.
Corequisites/Prerequisites	• BIOL-2101 Anatomy & Physiology I Laboratory • BIOL-2101 Anatomy & Physiology Laboratory I • BIOL-2301 Anatomy & Physiology I
Learning Outcomes	Communication skills: Students will demonstrate effective written, oral and visual communication. Critical Thinking Skills: Students will engage in creative and/or innovative thinking, and/or inquiry, analysis, evaluation, synthesis of information, organizing concepts and constructing solutions. Teamwork: Students will demonstrate the ability to work effectively with others to support a shared purpose or goal and consider different points of view. Social Responsibility: Students will demonstrate intercultural competency and civic knowledge by engaging effectively in local, regional, national and/or global communities. Personal Responsibility: Students will demonstrate the ability to connect choices, actions and consequences to ethical decision-making.
Program Student Learning Outcomes	Upon completion of the Upward Mobility Nursing Program graduates will be able to: PSLO 1: <u>Integrates</u> professional caring into practice decisions within the scope of practice for a registered nurse. PSLO 2: Demonstrates safe, competent, holistic care for a diverse group of individuals who have complex health care needs PSLO 3: <u>Accept</u> responsibility and accountability for the effectiveness of one's own nursing practice and professional growth. PSLO 4: Communicate effectively with clients, peers and other members of the interdisciplinary health care team to provide evidence-based care.

Week 1: 01/23/2025 Chapter 1,2,3, 5,6

Course Orientation

Shadow Health Orientation

Shadow Health DCE orientation

Shadow Health Conversation lab

Introduction to Health Assessment – Chapter 1

Interviewing the Patient – Chapter 2

Taking Health History – Chapter 3

Assessment Techniques – Chapter 5

General Survey and Assessing Vitals – Chapter 6

Shadow Health – Communication and Documentation (Due week 2)

Week 2: 01/30/2025 Chapter 7-8

Assessing Pain – Chapter 7

Assessing Skin, Hair, & Nails – Chapter 8

Shadow Health – Skin, Hair and Nails Assignment

Shadow Health – Health History

Lab worksheet

Week 3: 02/06/2025 Chapter 17

Assessing Neurological System – Chapter 17

Shadow Health – Neurological Assignment

Lab worksheet

Week 4: 02/13/2025 Chapter 9,10,11

Assessing Head, Face, Mouth and Neck – Chapter 9

Assessing the Ears – Chapter 10

Assessing the Eyes – Chapter 11

Shadow Health HEENT Assignment

Lab worksheet

Assessment video

Week 5: 02/20/2025

Exam 1 – Thursday, February 20, 2025 (Covers weeks 1 – 4)

Week 6: 02/27/2025 Chapter 12

Lung and Respiratory System – Chapter 12

Shadow Health – Respiratory Assessment

Shadow Health – Respiratory Concept Lab

Lab worksheet

Week 7: 03/06/2025 Chapter 13, 15

Assessing Cardiovascular System – Chapter 13

Assessing Peripheral Vascular System and Regional Lymphatic System – Chapter 15

Shadow Health – Cardiovascular Assignment

Shadow Health – Cardiovascular Concept Lab

Lab worksheet

Assessment video

Week 8 3/10-3/14/25 Spring Break

Week 9 03/20/2025 Chapter 14, 16

Abdomen and Gastrointestinal System – Chapter 14

Musculoskeletal System – Chapter 16

Shadow Health – Abdomen Assignment

Shadow Health – Abdomen Concept Lab

Shadow Health – Musculoskeletal Assignment

Lab worksheet

Assessment Video

Week 10: 03/27/2025

Exam 2 – Thursday, March 27, 2025 (Covers weeks 6-8)

Week 11: 04/03/2025 Chapter 18, 19, 20

Assessing the Female Breasts, Axillae, and Reproductive system – Chapter 18

Assessing the Male Breasts and Reproductive system – Chapter 19

Assessing the [Anus](#) and Rectum – Chapter 20

Week 12: 4/10/2025 Chapter 22, 24

Assessing the Child and Adolescent – Chapter 22

Assessing the Older Adult – Chapter 24

Shadow Health - Focused Exam – Cough

Shadow Health - Focused Exam – Chest Pain

Week 13: 04/17/2025 Open Practice Lab

Shadow Health – Comprehensive Assessment

Integrated Physical Assessment Practice**Week 14: 4/24/2025****Integrated Physical Assessment Check-offs****Submit Integrated Physical Assessment Documents**

Shadow Health – Comprehensive Assessment (began in week 12)

Week 15: 05/01/2025**Final Exam – May 1, 2025 (Comprehensive Exam)****Exam I – Thursday February 20, 2025****Exam II – Thursday March 27, 2025****Final Exam – Thursday May 1, 2025****Major Assignments
Schedule****Final Exam Date**

May 1, 2025 - 8:00 AM Through May 1, 2025 - 10:00 AM

Grading Scale

90 - 100=A 80 - 89=B 70 - 79=C 60 - 69=D Below 59 = F

**Determination of
Final Grade**

A final course grade of 75% is necessary for the student to pass this course. The final course grade is calculated as follows:

Exam 1 = 20%, Exam 2 = 20%, Lab grade = 15%, Integrated Physical Assessment = 20% and Final Exam = 25%.

Lab grade (15% of final course grade) Includes Required Shadow Health Assignments, Lab Worksheets, Assessment videos, Discussion boards, any other in-class or pre-class assignments required by the instructor.

Lab Assessment Videos: For Lab, students will submit a video clip demonstrating designated systems assessment covered during the assigned week. These video assessment assignments are graded per rubric and specified guidelines and mandatory for successful completion of the course.

Lectures – PowerPoints are available on Blackboard

Point deductions: **Late** points, up to ten points per day, will be deducted if any graded assignment is submitted after the date and time due – **No Exceptions.**

Exams: All exams must be taken. Students will be allocated a specific amount of time for each exam. Students unable to take a scheduled exam due to an extreme emergency must notify the instructor **prior** to the exam. All exams will be taken in the Allied Health Computer Lab. If an exam is missed, the numerical grade attained on the Final exam will be substituted for the missed exam.

Examinations are based on course objectives. Course content from the biological and behavioral sciences as well as previous nursing knowledge may be included on exams, as appropriate.

Course Policies

Instructor Policies	None
Attendance Policy	Research has shown a cause and effect relationship between attendance and college success. Policies for this course are described below: • Students cannot meet the objectives of the course without completing course assignments. Students put at risk their success in the course if they miss any assignment deadlines. • It is the student's responsibility to notify the instructor if they are unable to meet an assignment deadline. • A student who is absent from course activities for more than three (3) days will be advised to drop from the course by faculty
Additional Information	None.
Institutional Policies	
MyLSCPA	Be sure to check your campus email and Course Homepage using MyLSCPA campus web portal. You can also access your grades, transcripts, academic advisors, degree progress, and other services through MyLSCPA .
Academic Honesty	Academic honesty is expected from all students, and dishonesty in any form will not be tolerated. Please consult the LSCPA policies (Academic Dishonesty section in the Student Handbook) for consequences of academic dishonesty.
ADA Considerations	The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Disability Services Coordinator , Room 117, in the Student Success Center. The phone number is (409) 984-6241.
COVID 19 Information	The Lamar State College Port Arthur (LSCPA) Student Code of Conduct COVID 19 Policy requires students who have been diagnosed with COVID 19 to report their condition directly to their local health department. Students should also contact their course faculty to report their quarantine status. In addition, this policy requires all students to wear face coverings when directly exposed to COVID 19 in compliance with the criteria included in the policy. For more information please refer to the COVID 19 link on the LSCPA website.
Facility Policies	No food or tobacco products are allowed in the classroom. Only students enrolled in the course are allowed in the classroom, except by special instructor permission. Use of electronic devices is prohibited.
HB 2504	This syllabus is part of LSCPA's efforts to comply with Texas House Bill 2504.
Mandatory Reporting of Child Abuse and Neglect	As per Texas law and LSCPA policy, all LSCPA employees, including faculty, are required to report allegations or disclosures of child abuse or neglect to the designated authorities, which may include a local or state law enforcement agency or the Texas Department of Family Protective Services. For more information about mandatory reporting requirements, see LSCPA's Policy and Procedure Manual .
Title IX and Sexual Misconduct	LSCPA is committed to establishing and maintaining an environment that is free from all forms of sex discrimination, including sexual harassment, sexual violence, and other forms of sexual misconduct. All LSCPA employees, including faculty, have the responsibility to report disclosures of sexual misconduct, including sexual harassment, sexual assault (including rape and acquaintance rape), domestic violence, dating violence, relationship violence, or stalking, to LSCPA's Title IX Coordinator, whose role is to coordinate the college's response to sexual misconduct. For more information about Title IX protections, faculty reporting responsibilities, options for confidential reporting, and the resources available for support visit LSCPA's Title IX website .
Clery Act Crime Reporting	For more information about the Clery Act and crime reporting, see the Annual Security & Fire Safety Report and the Campus Security website .
Grievance / Complaint / Concern	If you have a grievance, complaint, or concern about this course that has not been resolved through discussion with the Instructor, please consult the Department Chair.
Department Information	Allied Health Chair: Shirley MacNeill Email: macneisb@lamarpa.edu Phone: (409) 984-6365